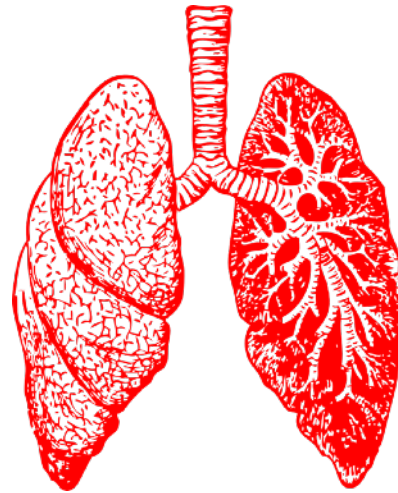


UPCOMING BREATHWORK GROUP SESSIONS



2026

24 January 13 - 15h **CONSCIOUS CONNECTED BREATHWORK** Openyoga Bern
[Breathwork Openyoga](#)

25 January 20h CET **BREATHWORK SUNDAY SESSION** (online)
[Breathwork Sunday Session](#)

31 January 14 - 16h **CONSCIOUS CONNECTED BREATHWORK** B.Yoga Basel
[Breathwork B.Yoga](#)

20 February 18-20h **CONSCIOUS CONNECTED BREATHWORK** Studio Alte Post
Hamburg Altona [Breathwork Alte Post](#)

22 February 20h CET **BREATHWORK SUNDAY SESSION** (online)
[Breathwork Sunday Session](#)

1 March 13 - 15h **CONSCIOUS CONNECTED BREATHWORK** Openyoga Bern
[Breathwork Openyoga](#)

7 March 14 - 16h **CONSCIOUS CONNECTED BREATHWORK** B.Yoga Basel
[Breathwork B.Yoga](#)

28 March 13 - 15h **CONSCIOUS CONNECTED BREATHWORK** Openyoga Bern
[Breathwork Openyoga](#)

29 March 20h CET **BREATHWORK SUNDAY SESSION** (online)
[Breathwork Sunday Session](#)

25 April 13 - 15h **CONSCIOUS CONNECTED BREATHWORK** Openyoga Bern
[Breathwork Openyoga](#)

26 April 20h CET **BREATHWORK SUNDAY SESSION** (online)
[Breathwork Sunday Session](#)

30 May 13 - 15h **CONSCIOUS CONNECTED BREATHWORK** Openyoga Bern
[Breathwork Openyoga](#)

31 May 20h CET **BREATHWORK SUNDAY SESSION** (online)
[Breathwork Sunday Session](#)