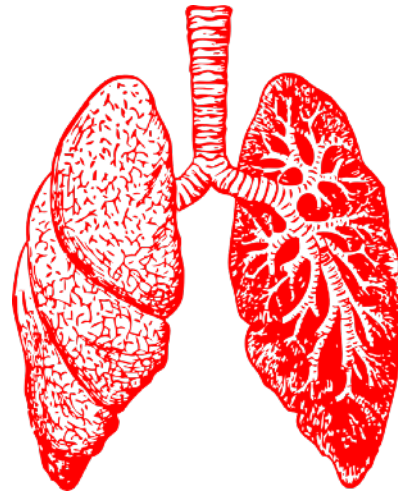


UPCOMING BREATHWORK GROUP SESSIONS



2025

29 November 13 - 15h **CONSCIOUS CONNECTED BREATHWORK** Openyoga Bern
[Breathwork Openyoga](#)

14 December 13 - 15h **CONSCIOUS CONNECTED BREATHWORK** Openyoga Bern
[Breathwork Openyoga](#)

21 December 10h CET & 20h CET **BREATHWORK SUNDAY SESSION** (online)
[Breathwork Sunday Session](#)

2026

3 January 14 - 16h **CONSCIOUS CONNECTED BREATHWORK** B.Yoga Basel
[Breathwork B.Yoga](#)

31 January 14 - 16h **CONSCIOUS CONNECTED BREATHWORK** B.Yoga Basel
[Breathwork B.Yoga](#)

7 March 14 - 16h **CONSCIOUS CONNECTED BREATHWORK** B.Yoga Basel
[Breathwork B.Yoga](#)